

Child, Youth and Family Schedule

March 10 – March 16, 2025

HOURS: Mon. – Thu.: 06:30 – 21:00, Fri.: 06:30 – 20:00 | Sat., Sun. and Statutory Holidays: 08:00 – 16:00

Gymnasium

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:45 – 14:15 Family Badminton Gymnasium Ages: Parent & Child ◆	12:45 – 14:15 Family Active Play Gymnasium Ages: Parent & Child ◆	12:45 – 14:15 Family Open Gym Gymnasium Ages: Parent & Child ◆	12:45 – 14:15 Family Soccer Gymnasium Ages: Parent & Child ◆	12:45 – 14:15 Family Active Play Gymnasium Ages: Parent & Child ◆	08:15 – 09:45 Family Badminton Gymnasium Ages: Parent & Child ◆	
					10:00 – 12:30 Youth Open Gym Ages: 13Y-17Y ◆	
16:00 – 18:00 Youth Open Gym Gymnasium Ages: 13Y-17Y ◆	16:00 – 18:00 Youth Open Gym Gymnasium Ages: 13Y-17Y ◆		16:00 – 18:00 Youth Open Gym Gymnasium Ages: 13Y-17Y ◆			
		16:00 – 18:00 Youth Zone 3 rd Floor Ages: 13Y-17Y ◆		16:00 – 18:00 Youth Zone 3 rd Floor Ages: 13Y-17Y ◆		

Kids Zone | ● Parent/Guardian supervision required ●● Supervised

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		09:00 – 10:00 Y Licensed Child Care			08:00 – 09:45 ● Ages: up to 12Y	08:00 – 12:30 ● Ages: up to 12Y
		10:00 – 11:00 March Break Camp ■			10:00 – 12:00 Birthday Party Rental	13:00 – 15:00 Birthday Party Rental
11:00 – 14:00 ● Ages: up to 12Y	11:00 – 14:00 ● Ages: up to 12Y	11:00 – 14:00 ● Ages: up to 12Y	11:00 – 14:00 ● Ages: up to 12Y	11:00 – 14:00 ● Ages: up to 12Y	12:30 – 15:45 ● Ages: up to 12Y	
14:30 – 16:00 March Break Camp ■	14:30 – 16:00 Y Licensed Child Care	14:30 – 16:00 Y Licensed Child Care	14:30 – 16:00 March Break Camp ■	14:30 – 16:00 Y Licensed Child Care		
16:30 – 20:00 ● Ages: up to 12Y	16:30 – 17:30 ● Ages: up to 12 Y	16:30 – 20:00 ● Ages: up to 12Y	16:30 – 17:30 ● Ages: up to 12 Y	16:30 – 19:30 ● Ages: up to 12Y		
	18:00 – 20:00 ●● Ages: 6Y-12Y □		18:00 – 20:00 ●● Ages: 6Y-12Y □			

Schedule is subject to change

◆ **Drop-in activity.** Day pass fee required for non-members.

■ **March Break Camp registration required.**

Child and Youth Age and Access Policies

Children under 10 years must be accompanied by a parent/ guardian who is 16 years or older and remain in the same program space with the parent/guardian at all times (unless child is participating in a Y staff-led program).

Children aged 10-12 years may access facility without a parent, but must complete the free Y Kids Academy program in order to use the conditioning floor. Children 10-12 years can participate in pre-teen programs by signing themselves in and out of programs as long as parents/guardians have completed the Child, Youth and Family Program Sign-In/Out waiver form.

Youth 13 years and older may access facilities, programs and conditioning floor unaccompanied.