

Gymnasium Schedule

March 10 – March 16, 2025

HOURS: Mon. – Thu.: 06:30 – 21:00, Fri.: 06:30 – 20:00 | Sat., Sun. and Statutory Holidays: 08:00 – 16:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06:30 – 08:45 Open Gym ◆	06:30 – 08:45 Open Gym ◆	06:30 – 08:45 Open Gym ◆	06:30 – 08:45 Open Gym ◆	06:30 – 08:45 Open Gym ◆	08:15 – 09:45 Family Badminton ◆ Gymnasium Ages: Parent & Child	08:00 – 12:15 Open Gym ◆
09:00 – 10:00 March Break Camp ■						
10:00 – 11:00 Open Gym ◆	10:00 – 11:00 Open Gym ◆	10:00 – 11:00 Open Gym ◆	10:00 – 11:00 Open Gym ◆	10:00 – 11:00 Open Gym ◆	10:00 – 12:30 Youth Open Gym ◆ Gymnasium Ages: 13Y-17Y	
11:00 – 12:30 March Break Camp ■						
12:45 – 14:15 Family Badminton ◆ Gymnasium Ages: Parent & Child	12:45 – 14:15 Family Active Play ◆ Gymnasium Ages: Parent & Child	12:45 – 14:15 Family Open Gym ◆ Gymnasium Ages: Parent & Child	12:45 – 14:15 Family Soccer ◆ Gymnasium Ages: Parent & Child	12:45 – 14:15 Family Active Play ◆ Gymnasium Ages: Parent & Child	12:30 – 15:00 Birthday Party Rental	12:30 – 15:30 Boreal College Sports Closed Gymnasium for Boreal College Sports Leagues
14:45 – 15:45 Y Licensed Child Care	14:45 – 15:45 March Break Camp ■	14:45 – 15:45 March Break Camp ■	14:45 – 15:45 Y Licensed Child Care	14:45 – 15:45 March Break Camp ■		
16:00 – 18:00 Youth Open Gym ◆ Gymnasium Ages: 13Y-17Y	16:00 – 18:00 Youth Open Gym ◆ Gymnasium Ages: 13Y-17Y	16:00 – 19:00 Boreal College Sports Closed Gymnasium for Boreal College Sports Leagues	16:00 – 18:00 Youth Open Gym ◆ Gymnasium Ages: 13Y-17Y	16:00 – 19:00 Boreal College Sports Closed Gymnasium for Boreal College Sports Leagues		
18:15 – 20:45 Open Gym ◆ Gymnasium	18:15 – 20:45 Adult Volleyball ◆ West Gym Ages: 18Y+	19:15 – 20:45 Adult Basketball ◆ Gymnasium Ages: 18Y+	18:15 – 20:45 Adult Badminton ◆ West Gym Ages: 18Y+	19:15 – 19:45 Open Gym ◆ Gymnasium		
	18:15 – 20:45 Open Basketball ◆ East Gym		18:15 – 20:45 Open Basketball ◆ East Gym			

Schedule is subject to change

◆ **Drop-in activity.** Day pass fee required for non-members.

■ **March Break Camp registration required.**

Child and Youth Age and Access Policies

Children under 10 years must be accompanied by a parent/ guardian who is 16 years or older and remain in the same program space with the parent/guardian at all times (unless child is participating in a Y staff-led program).

Children aged 10-12 years may access facility without a parent, but must complete the free Y Kids Academy program in order to use the conditioning floor. Children 10-12 years can participate in pre-teen programs by signing themselves in and out of programs as long as parents/guardians have completed the Child, Youth and Family Program Sign-In/Out waiver form.

Youth 13 years and older may access facilities, programs and conditioning floor unaccompanied.