

FEB

3, 10, 24 4:30PM-7PM

Recreation Job Training + CPR and First Aid

NYLDs Recreation Job Training prepares youth for employment opportunities in Recreation. The training will cover: Child Development, Recreation Games & play, Employment Readiness and participants will be guaranteed a spot in First-Aid/CPR-C training.

FEB 5 5PM-7PM

Coding for Women - Command Add Girls

Interested in learning more about the employment and opportunities in STEM? This training might be for you! Our women focused night will have youth engaged in seeing the potential of working and participating in Science and Tech industries in Canada with special guests: Command Add Girls.

FEB 6 5PM-7PM

Volleyball and Volunteer Meeting

Growing your leadership skills through volunteering! Join us for a hybrid volunteer meeting. Then, we'll be hosting a volleyball session. Link to Volunteer session will be shared.

FEB 8 11AM-1PM

Winterlude visit

Join NYLD on a visit to Jacques Cartier Park for the Annual Winterlude festival! We will enjoy snow activities, hot chocolate and live music!

FEB 12 4PM-7PM

Black History Month Celebration - Black Resistance

Celebrate Black History Month with the YMCA. This event will showcase Black excellence through song, fashion, food and art and honour the contributions of black leaders who've shaped history.

FEB 19 4:30PM-6PM

Volunteering meeting

Have your voice heard at NYLD! Want to make a difference? Want to share your skills, talents and grow your leadership? NYLD's Volunteer Meeting will provide youth the opportunity to share in the vision for the future of NYLDs programming. This will be a hybrid event (online and in person).

FEB 21 5PM-7PM

Swim and Games Night

Join us for Swimming night at the Y! Including pizza and games, swim night allows youth to enjoy a night of swimming with friends. Not interested in swimming? Join us for games and a time to catch up with friends.

FEB 26 4:30PM-6PM

English and French Conversation Circles

Youth of all skill levels are welcome to engage Practice your English, practice your French or just converse with other youth for fun!

FEB 27 6PM-7PM

Soccer - Youth-Led Sessions

Attention Soccer Stars! Come join us in soccer drills, skills and game with NYLD. Interested in leading the

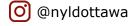
To register and for more information,

please call, text, email, or send us a WhatsApp/Instagram message



343-999-2067 or 613-851-3300 | 👂 nyld@ymcaottawa.ca | 🧿 @nyldottawa





Financé par : Immigration, Réfugiés et Citoyenneté Canada